



Suggested Packing Guide

Clothes
<input type="checkbox"/> Bathing Suit
<input type="checkbox"/> Hats
<input type="checkbox"/> Light Jacket/Sweatshirt
<input type="checkbox"/> Modest Clothing for Shabbat (nicer clothing suggested)
<input type="checkbox"/> Sleepwear
<input type="checkbox"/> Shorts, Active Wear
<input type="checkbox"/> Socks
<input type="checkbox"/> Team USA Apparel
<input type="checkbox"/> Shirts, Tanks
<input type="checkbox"/> Undergarments

Sports Gear
<input type="checkbox"/> Equipment for your sport
<input type="checkbox"/> Competition Uniform
<input type="checkbox"/> Sneakers/Cleats
<input type="checkbox"/> Mouth Guard
<input type="checkbox"/> Braces/Pre-Wrap/Bandages, etc.
<input type="checkbox"/> Icy Hot/Tiger or Badger Balm

Footwear
<input type="checkbox"/> Comfortable Shoes for Travel
<input type="checkbox"/> Flip-Flops/Sandals, Water Shoes
<input type="checkbox"/> Sneakers/Hiking Shoes

Toiletries
<input type="checkbox"/> Shampoo/Conditioner/Hair Care Products
<input type="checkbox"/> Body Wash, Deodorant
<input type="checkbox"/> Face Wash, Make-Up, etc.
<input type="checkbox"/> Contacts, Glasses, and Eye Care Products
<input type="checkbox"/> Toothbrush, Toothpaste, Mouth Wash, Floss, Lip Balm
<input type="checkbox"/> Feminine Care
<input type="checkbox"/> Medication, Pain Relievers
<input type="checkbox"/> Nail Clippers and Care Products
<input type="checkbox"/> Shaving Products

Electronics
<input type="checkbox"/> Unlocked Phone for International Use
<input type="checkbox"/> Converter- 230 V is standard in Hungary; NOT needed for Mexico.
<input type="checkbox"/> Chargers, Portable Charger
<input type="checkbox"/> Camera, Batteries
<input type="checkbox"/> Headphones

DO NOT LEAVE HOME WITHOUT...
<input type="checkbox"/> Passport
<input type="checkbox"/> Photo copies of passport (one to leave at home and one to carry on the ground abroad)**
<input type="checkbox"/> Your American Phone- you will need to contact staff at the airport and your family when you arrive home

Sun Care
<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Extra Sunscreen
<input type="checkbox"/> Aloe, Lotion

Accessories
<input type="checkbox"/> Back Pack
<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Head covering/Kippah
<input type="checkbox"/> Gatorade Mix/Electrolytes/Pedialyte
<input type="checkbox"/> Granola Bars/Fruit Snacks/Snacks
<input type="checkbox"/> Spending Money/ATM Card for International Use
<input type="checkbox"/> Towel for Beach/Pool/Competition
<input type="checkbox"/> Water Bottle
<input type="checkbox"/> Travel Pillow, Eye Mask, Ear Plugs
<input type="checkbox"/> Laundry Detergent for small items and uniforms

*Note: this is not a comprehensive list; just some suggestions.

**All passports will be collected upon arrival and stored through the duration of our stay.